

Faculty	Social Sciences
Course Title	Social Health - The Arts and Politics of Social Wellbeing
Number of ECTS credits	6
Hours per week (SWS)	4 SWS
Semester	BA, 5th semester
Course objective	The trigger for this seminar is the WHO's definition of health as „a state of complete physical, mental and social well-being and not merely the absence of disease or infirmity“ (WHO 2006). Wellbeing is an inherent objective for many people who are socially engaged to make the world a better place to live – namely in health professions the objective to improve the wellbeing of others is basic. But every individual has its own perspective on wellbeing, it even can oppose the society's perspective. In this course students explore different concepts/approaches of wellbeing, including their personal perspective.
Prerequisites	-
Teaching methods	Hybrid in presence and via ZOOM. Multi-media – based coursework.
Assessment methods	(Group-)Presentation of 10 min and discussion paper for the final seminar plus short scientific essay (main text 2-6 pages). The seminar performance is not graded (only pass/fail).
Language of instruction	English
Name of lecturer	Eckart Seilacher
Course content	<ul style="list-style-type: none"> - Reflection on personal concepts of wellbeing. Reflection on the social dimension that forms people's way of thinking and that defines the topics of wellbeing. Search for a personal approach to the topic and browsing the themes given by current research in different disciplines. - Discussion of the different topics by focusing on the (manipulative) rhetoric and the storytelling that is connected to them. <p>Final session: Students' presentations of their outcomes on the chosen topic. The presentation should include personal and scientific statements and is accompanied by a discussion paper. Afterwards students writes a short scientific essay on her/his topic.</p>